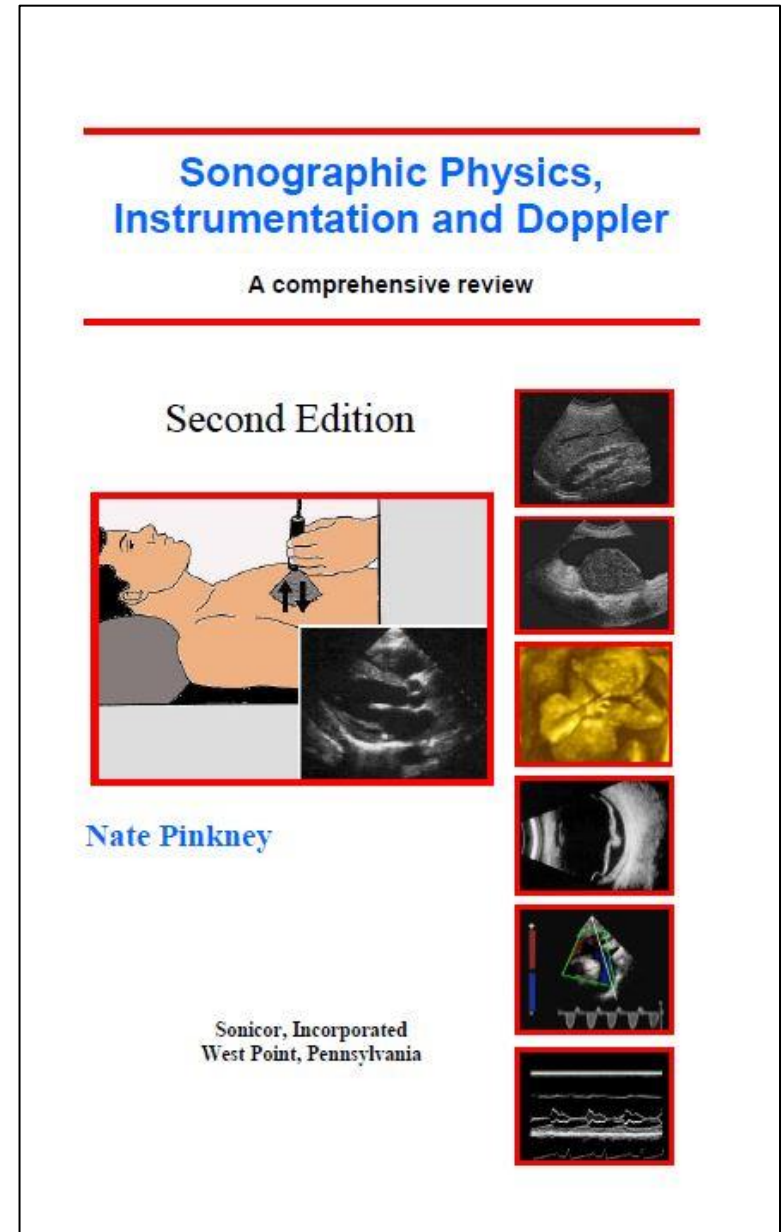


Lesson 05:

Intensity Measurements and Bioeffects

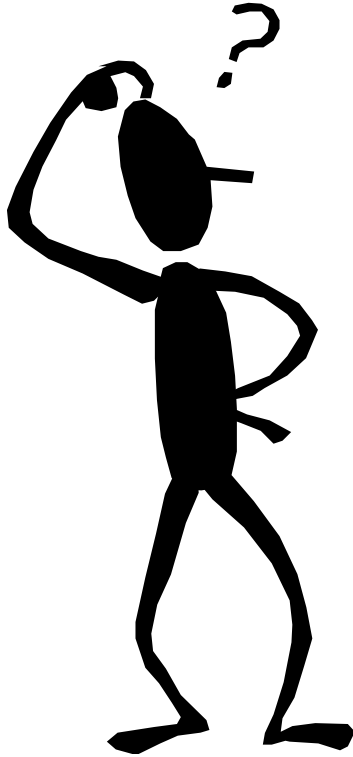
This lesson contains 12 slides
plus 6 multiple-choice
questions.

Accompanying text for
the slides in this lesson
can be found on pages 22
through 24 in the
textbook:



Intensity Measurements and Bioeffects

How are intensity measurements made?



SATA

SPTA

SATP (SAPA)

SPTP (SPPA)

Where in the beam's cross section will the measurement be made?

**Spatial Peak Intensity
is measured at
the beam center**



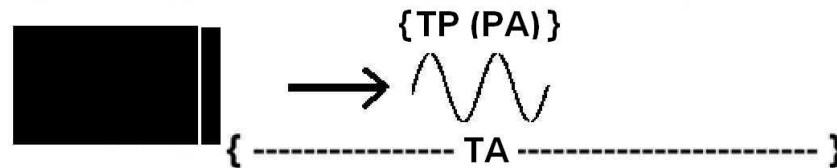
**Spatial Average Intensity
is the average intensity
across the beam**

$$I_{SP} > I_{SA}$$

The *Beam Uniformity Ratio* (B.U.R.) is the ratio of Spatial Peak to Spatial Average.

When (during the pulse - receive interval) will the measurement be made?

Temporal Peak (Pulse Average) Intensity is measured when the pulse is present



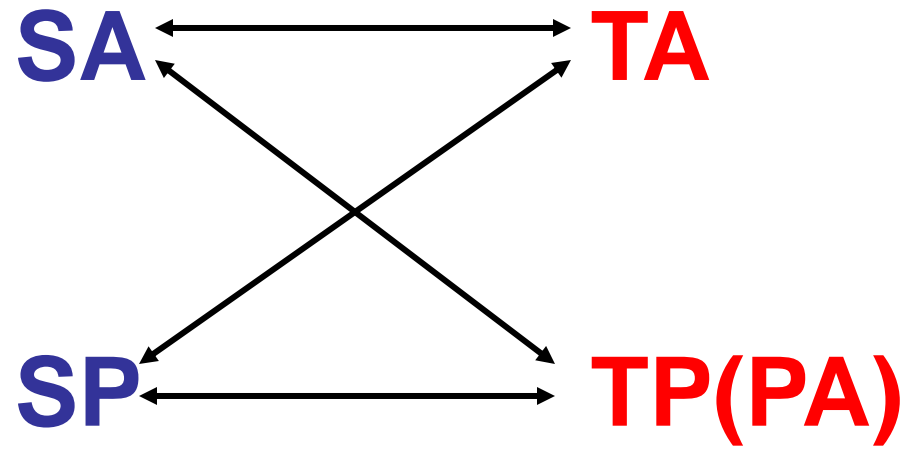
Temporal Average Intensity is measured when the pulse is present and when it is not present

$$I_{TP} > I_{PA} > I_{TA}$$

For pulse-echo measurements, the result obtained with the TA method is affected by the duty factor

WHERE

WHEN



WHERE - WHEN

SATA

SPTA

SATP(PA)

SPTP(PA)

Which method produces the lowest result?

Which method produces the highest result?

$I_{SATA} \bullet I_{SPTA} \bullet I_{SATP} (I_{SAPA}) \bullet I_{SPTP} (I_{SPPA})$

Lowest  **Highest**

BIOEFFECTS

HEAT (Thermal)

CAVITATION (Mechanical)

SAFETY INDICES

MECHANICAL INDEX

THERMAL INDEX

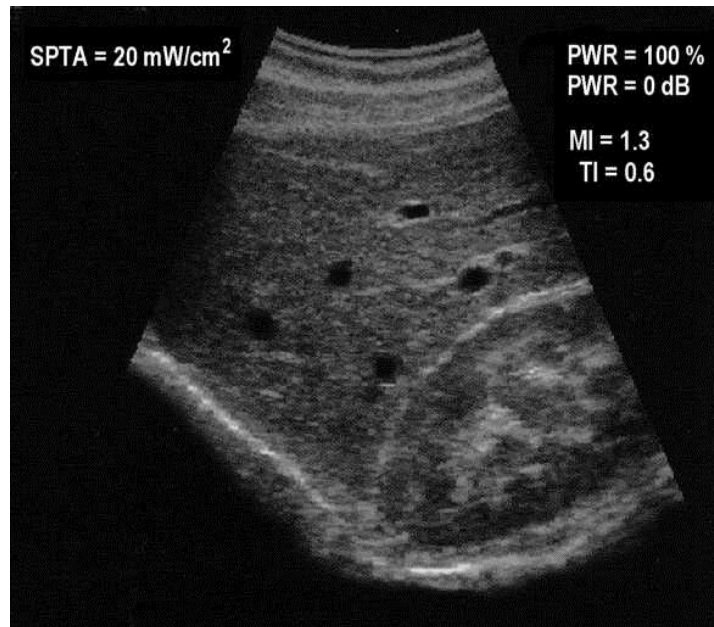
BIOEFFECTS

Nonfocused: SPTA < 100 mW / cm²

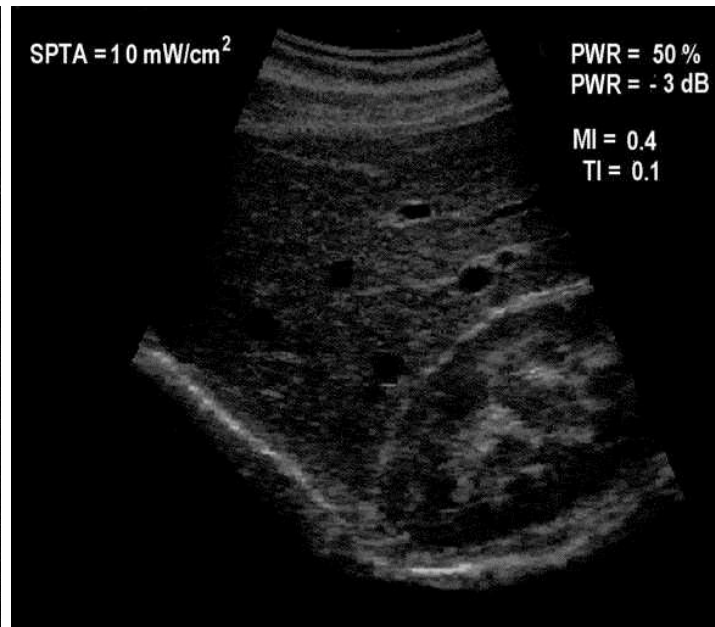
(0.1 Watt per square centimeter)

Focused: SPTA < 1 W / cm²

TYPICAL METHODS FOR DISPLAY OF RELATIVE INTENSITIES



OUTPUT POWER AT MAXIMUM



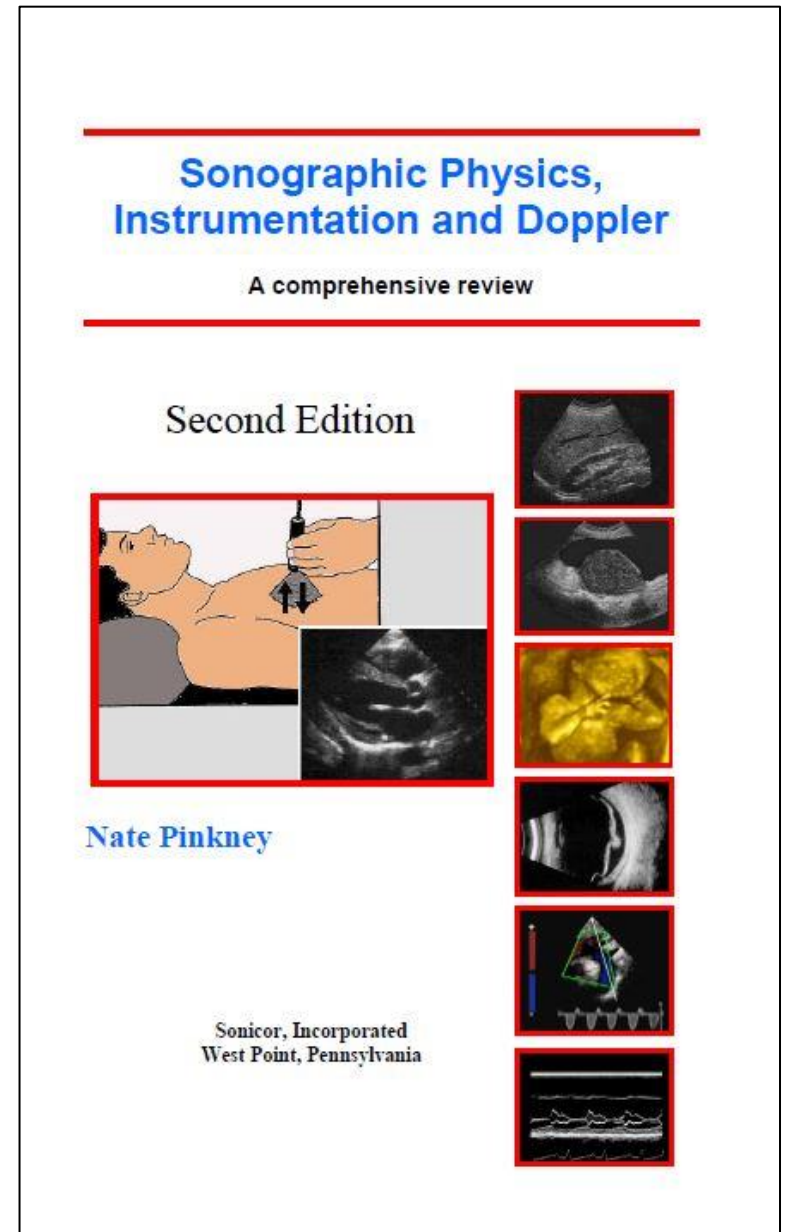
OUTPUT POWER AT ONE - HALF

INTENSITY

INTENSITY = POWER DIVIDED BY AREA

POWER	BEAM DIMENSIONS	AREA	INTENSITY
100 mw	1 cm x 1 cm	1 cm ²	100 mW / cm ²
100 mw	1.414 cm X 1.414 cm	2 cm ²	50 mW / cm ²
100 mw	2 cm x 2 cm	4 cm ²	25 mW / cm ²
50 mw	1.414 cm x 1.414 cm	2 cm ²	25 mW / cm ²

Answers to the following **SIX** practice questions were derived from material in the textbook:



Question 1

Which intensity measuring method provides the highest result?

- SPTA
- SPTP
- SATA
- SAPA

Question 1

Which intensity measuring method provides the highest result?

- SPTA
- SPTP
- SATA
- SAPA

Question 2

A hydrophone probe can be used to measure the

- ultrasound intensity
- beamformer voltage
- bandwidth
- ultrasound frequency

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A hydrophone probe can be used to measure the

- ultrasound intensity
- beamformer voltage
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- ultrasound frequency

Question 3

Thermal bioeffects of ultrasound energy have been determined experimentally by using

- epidemiological and cavitation studies
- cavitation detectors
- animal and in vitro studies
- hydrophones

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- epidemiological and cavitation studies
- cavitation detectors
- animal and in vitro studies
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Question 4

Potential bioeffects of ultrasound can be minimized by

- using high pulse repetition frequencies
- increasing the mechanical index
- increasing the thermal index
- reducing the time of the examination

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Potential bioeffects of ultrasound can be minimized by

- using high pulse repetition frequencies
- increasing the mechanical index
- increasing the thermal index
- reducing the time of the examination

Question 5

Since very little is known about bioeffects and assuming that there could be a minimal risk of bioeffects when using diagnostic ultrasound, what would be the best course of action?

- Perform fewer ultrasound examinations but increase the time of each examination
- Perform ultrasound examinations only when a crash cart is available.
- Use pulsed Doppler only for obstetrical studies.
- Use ultrasound when the expected benefit outweighs the potential risk

Question 5

Since very little is known about bioeffects and assuming that there could be a minimal risk of bioeffects when using diagnostic ultrasound, what would be the best course of action?

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- Use pulsed Doppler only for obstetrical studies.
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Question 6

Sound power is measured in units of

- dB/cm
- mW/cm
- watts/m³
- watts

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- watts/m³
- watts

END OF LESSON 05

For information on the accompanying textbook, visit the Website:

www.Sonicorinc.com